

Ngala Practice Development sessions aims to **enhance practice** for service providers who work with parents, children and families.

Sessions offer up to date information drawing on the latest research.

VENUE: Child and Parent Centre – Rangeway, access from Hovea Street

Understanding and managing children's sleep – 3 hours

This interactive session provides staff with the opportunity to explore the underlying issues that affect sleep and develop a deeper understanding of the impact brain development and attachment has on infant and children's sleep. Sleep and settling strategies are discussed from a strengths-based, solutions-focused perspective.

Group facilitation – 3 hours

This interactive session provides staff with the opportunity to explore and develop a deeper understanding of the process of facilitating a group.

This session is most beneficial for staff who facilitate education workshops and community groups.

Building Brains – 3 hours

An interactive session that provides information and up to date research on early brain development and its association with behaviour and learning.

Practical ideas are demonstrated to help impart this knowledge in easy to understand ways when working with families of young children.

Ngala Practice Development Registration Form

Name: _____

Position: _____

Organisation: _____

Would you like to be added to Ngala's Mailing List for Professionals? Yes No

Phone: _____ Mobile: _____

Please tick the session(s) you would like to attend

Group facilitation

Tuesday 19 September, 9.30am-12.30pm

Understanding and managing children's sleep

Wednesday 20 September, 9.00am-12.00pm

Building Brains professional

Thursday 21 September, 9.30am-12.30pm

Payment Details

HALF DAY: \$100 including GST

Cheque / Money Order (made payable to 'Ngala Community Services')

Credit Card

Card Type: Visa Mastercard

Card No. _____ Expiry: _____

Cardholder: _____

Invoice

Name: _____

Organisation: _____

Address: _____

Purchase Order: _____ (Please attached purchase order to this registration form)

Ngala ABN: 35 129 500 223

To book your place, please email this completed form to profed@ngala.com.au

A maximum of 20 participants can attend each workshop, so please book early.

For enquiries, phone Cherilyn on 9367 0946 or email profed@ngala.com.au.

Ngala
Parenting with Confidence